



2005-2006

building abilities



towards collective self reliance





2005-2006



Rehabilitation

The Rehabilitation program for 1650 persons was systematically planned and carried out in Thurinchapuram Block.

- 35 in Day care center
- 135 in Parent training
- 436 in Integrated education
- 16 in Early intervention Clinic
- 7 in Pre vocational training and
- 239 Received Other rehabilitation interventions



- PCTC continued to collaborate under National program for the Rehabilitation of Persons with disability (NPRPD) and Sarva Siksha Abiyan (SSA) for integrated education of the Children with disability.
- A one day Educational tour was organised for 30 school going differently able children.
- A 3 day residential camp was organised for 60 differently able children.
- In keeping with the policy of PCTC, the additional block which was given to PCTC under NPRPD program was given back to District administration to be given to another NGO, which gives us more time and energy for quality work in Thurinchapuram Block.
- During the course of the year more than 668 people with disability got National identity cards.
- The rehabilitation workshop supplied 136 special seats for District disabled Rehabilitation center.
- In the prevocational training unit more products were identified and taught to the adolescent people.
 - Eco friendly shopping bags
 - Greeting cards made out of hand made paper.
 - Envelopes and Files
 - Cloth Embroidery products
 - Clay jewelry
 - Blouse stitching unit



Statement of accounts 2005-2006

Receipts in lacs			Expenses in lacs		
		%			%
Donations	6.26	9.6	Rehabilitation of PWDs	4.71	7.2
Grants-Foreign	7.40	11.4	Parent Training	3.38	5.2
Grants-Local	7.55	11.6	Integrated Education	3.54	5.4
Staff Pension fund	17.59	27.1	Vocational Training	1.32	2.0
Tsunami Relief	10.73	16.5	Student activities	0.33	0.5
From investments	10.01	15.4	Health	1.60	2.5
Campus facilities	5.46	8.4	Women Development	3.05	4.7
Total	65.01	100	Program Maintenance	3.36	5.2
			Repair & Maintenance	2.87	4.4
			Farm Development	3.30	5.1
			Tsunami relief	5.57	8.6
			Rehab Devices	1.72	2.6
			Assets	2.19	3.4
			Pension fund (Assets)	17.59	27.1
			Reserve	10.50	16.2
			Total	65.01	100



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Community Health

During this year 2392 patients were treated in the Dispensary. As the dispensary building was in bad shape, we were not able to initiate alternate therapies this year. We are looking forward to raise some resources and redo the building in the coming year.



The book written by
Celine DARMAYAN AND
Mael G.LAGADEC
As they see
'ABILITY' and 'INDIA'



- All the children attending Parents training were screened for Anemia and found 50% of the children had severe anemia and were treated with Sidha medicine.
- A three day yoga training was organised for School Children in the month of May. The Volunteers who were staying in the center also attended a crash course in YOGA.
- 7 Health camps were organised for women self help group members who had symptoms of reproductive tract infection. Referral support was given to infected persons.
- 8 HIV positive people were treated at the center through out the year. When they need hospitalisation for opportunistic infection they were referred to referral center in Tiruvannamalai.
- Special medicine was tried for 20 children with epilepsy. The progress was very visible.
- An herbal exhibition related to diabetes was conducted which was witnessed by hundreds of people during the festival in Tiruvannamalai.
- A book on diabetic awareness and management was published this year.
- We continued to work with Tamilnadu voluntary health association as District resource center for health promotion and District facilitation center for Disability and Indian Systems of Medicine.
- Curry leaf powder and Drumstick leaf powder were supplied to noon meal centers in two Blocks through out the year With support of Self help groups.





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Women empowerment

Though we have now 585 self help groups, sustaining all the groups is very difficult. Almost one fourth of the existing groups do not see the long term benefit of being together becoming a force in rural areas . This has given a positive push to other groups to be together and strengthen the federation of SHGs. We are in the process of developing different funds to diversify the support to members of the self help groups like Housing fund, Infrastructure fund and so on.

- Leaders from 231 groups were trained on the management and book keeping of SHG.
- Members of 301 self help groups were taught about the self help movement and the roles of members in sustaining the groups.
- A one-day career guidance program was organized for 90 children of self help group members.
- 5 women were trained in computer literacy.
- There is an on going effort to train all the leaders of the self-help groups with regards to HIV/AIDS. As a first step 5 instructors were trained. The members will be trained next year.
- 24 children of SHG members were given educational assistance of Rs.1200 each

- 124 new groups were formed during the reporting period
- 2189 people used credit facility receiving a total of Rs. 13,452,406
- So far 172 groups have received revolving fund from the government Rs. 52,050,000
- 57 groups have received economic assistance amounting to Rs. 109,740,000
- 152 groups have received direct linkage from the bank to the tune of Rs. 11,375,000
- 8222 families are part of this self help movement
- Some members have gone in for higher investment enterprises like Book store in Tiruvannamalai, Buying of JCB, leasing of big piece of Land and cultivating it .
- The federation of SHG is maintained by the Members for which they need to contribute a subscription every year. The other NGOs identified to promote Self help groups with in the Block do not have an inbuilt strategy for Self reliance. Those who do not think about tomorrow, disturb the existing groups. This has helped to consolidate the activities of the Self help groups

We thank all our friends, supporters, well wishers and the Government officials for the trust and confidence they have in us.

Your presence has helped us to see far, think further and translate that into a reality





A stream of The volunteers ...

Emma Carlton set up an enterprise in the vocational training center developing designs for greetings cards made using flowers and hand made paper.

Vikki Lowe made a plan for a sensory room that was put together by Sam Mee and Matt Yates, They also erected a hut to provide cover for the children from the midday sun.

Jack Joslin held daily English lessons for the staff at the centre and helped in the workshop and the special school.

Celine Darmayan developed the PCTC. website and made a film on its activities and posters promoting different themes connected with PCTC. Celine also wrote a book "Un Autre Regard".

Felicity Thorning continued Jacks weekend activities for the children. She raised money to equip the centre with some musical instruments .

Tess Verdonk started a vegetable garden at the farm and brought about the idea of taking the children out of the centre and into the farm every Monday.

Lucy Watkins spent 3 and a half months at the centre working in the special school.

Edward Smith spent 2 and a half months at the centre helping Ludo develop the garden at the farm. .

Ludovic Jourdan planned and built the landscape garden at the farm. .

Iris and Ani spent one month at PCTC. helping out in the special school and coming to the farm.



2005-2006

Training and Consultancy

Training and consultancy support are being provided to two organisations to become resource centers for rehabilitation interventions. Several NGOs have visited the self help group Federation to get to know the functioning of the Federation and how it is been self sustained. PCTC has been part of the effort to create a women's SHG federation in the Tsunami affected area to manage the self help movement even after the withdrawal of the NGOs.



A screening Camp was organised for the people with Disability in Tsunami affected area, which has indicated us to support a local organisation to become a resource center for Disability interventions

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In the process of our intervention in the tranqubar area we realised that there is no resource center for Disability intervention and we have identified TREE- a local organisation through Tamilnadu Voluntary Health Association (TNVHA) to fill this gap. Training their staff, support to develop a day care centre for Children affected by Cerebral palsy and mental retardation and establishing early intervention clinic will be our priorities



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Tsunami Rehabilitation

PCTC decided to involve in the Relief and rehabilitation program for Tsunami affected people, to understand the complexity of the problem and to develop a strategy with out compromising the developmental ethics. Swiss Friends, Enfants du monde, France, FDF-DEMAINS, France were the main supporters.

- Temporary shelter for 10 families in Chandrapadi Village.
- A counseling camp for the 45 School students affected by Tsunami.
- Monthly maintenance allowance for 10 persons and support for assistive devices for 16 people with disability in Tranqubar area
- Support to buy the land to put up School building in Chandrapadi Village.
- House repair work (60 Houses) and livelihood support for all the families in Vadakku mettu street.
- Educational Assistance for 56 School going children in Vadakku mettu Street.
- Educational assistance for students with disability.

We are working for the present in a small dalit hamlet Vadakku Mettu Street which has 70 families. Majority of them are agricultural laborers. It is a big struggle to make them to think and develop a sustainable community and leave resources at their disposal even after our intervention



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